

# FBCR Update of Pandemic “Green” Guidelines

*updated on March 27, 2022*

The FBCR Pandemic Task Force (PTF) has reviewed and updated the guidelines for the First Baptist Church of Rochester.

## MAIN POINTS (FAQ):

The First Baptist Church of Rochester PTF places these main points at the top of the document for the most frequently asked questions. In an effort to continue to keep our community (congregation and facility users) safe, we continue to monitor information closely. Based on the provided information from various federal, state, and local sources as well as other information on spot outbreaks, we ask that all participants in the facility adhere to the following:

1. **If you feel ill, please stay home!**
2. **Masks are recommended.** While masks are not required at the moment, they remain the most effective form of protection against further waves and further infection. When in group settings it is recommended that participants wear a mask.
3. Attempt to maintain at minimum a **3’ distance with masks** or **6’ without masks** from others.
4. **Wash or disinfect hands** upon entry and before exiting the facility (sanitizing stations are available at entrances).
5. In warmer weather, crack windows and **leave all interior doors** open to enhance room ventilation.

Specifics follows.

## FBCR WILL:

- **Disinfect the facility once a day.**
- **Provide sanitizing stations at entrances.** Facilities users may wish to utilize their own sanitizers within their meeting rooms and sanitizing is required when any food or beverage is served.
- **Provide signage** for clarification of facility guidelines.

## MEMBERS/VISITORS/FACILITY USERS GUIDELINES:

- **Pre-campus visit** health assessments, facility user sign in and temperature checks are not currently required. Any individual group may wish to select any of these for their own safety.
- **If an individual is not feeling well with any potential COVID symptoms, PLEASE STAY HOME.**
- **Social distancing:**
  - A distance of 6 feet should be maintained from those outside of your household/family units especially while in large groups and whenever practical in small groups.
- **Masking:**
  - Optional, but highly recommended.
- **Children and working with children:**
  - There are currently no additional guidelines for work with or being in proximity to children.
- **Singing/Wind Instruments:**
  - FBCR will resume congregational singing near the end of services as led by our music ministry.
- **Staff:**
  - While staff should follow all other protocols, green level guidelines do not require any additional actions on the part of staff.

- **Room capacities:**
  - Room capacity will be fluid, based on the room and group's size and the current NYS vaccination status percentages. Unless vaccination status is known, 15-25% should be set aside for unvaccinated. If any group would like assistance in figuring appropriate amount of seating for unvaccinated, please contact Janet in the church office, at [janet@rochesterfbc.org](mailto:janet@rochesterfbc.org).
  - Room capacity may not ever exceed local fire code for each room.
  - There are some rooms not yet available for use.
  - Use of air circulation with fans and during good weather - opening windows for the best air exchange rates is needed. (Rooms with larger cubic volume have greater exchange rates.)
  - Interior doors should remain open to assist with air circulation.
  
- **Food and beverages may be served following these guidelines.**
  - A plan for food and beverage service must be submitted to the church office for approval by the PTF if food is to be served or consumed.
  - Whenever possible the use of a catering service is recommended to ensure proper food handling from preparation through consumption.
  - Plans must address:
    - Ways you will minimize congregating near beverage or food areas.
    - All servers should be masked, gloved, and vaccinated.
    - If self-serving – what precautions will be taken for minimizing contamination and congregating, such as napkins, gloves, sanitizer stations, etc.
    - Use of disposable cups, plates, and utensils is mandatory, at this time.
  - Masks may be lowered **briefly** in order to eat or drink.
  - Individuals may carry in – carry out their own refreshments as each group allows.