



I am the Lord,
and I will bring you out
from under the yoke
of the Egyptians.

From Exodus 6:6

WORSHIP OF GOD | 19TH SUNDAY AFTER PENTECOST | OCTOBER 8, 2023
First Rochester | An American Baptist Church
175 Allens Creek Road, Rochester, New York 14618
Rev. Joanne Gilbert-Cannon, senior pastor | Evann Hasenauer, student pastor
Henry Griffin, music director

ORDER OF WORSHIP

Prelude

Sursum corda
and *Intrada*
Samuel Baker, organist

John Ireland

Chiming of the Hour

For Reflection while Gathering

*There will be days when you do not feel fearless,
And you chose to get up and go out to sea anyway.*

All Along You Were Blooming, Thoughts for Boundless Living. Morgan Harper Nichols, Zondervan, 2020.

Gathering Music

Set me as a seal upon thine heart

William Walton

Konstantina Gotouhidis, soprano; Emma Unkrich, alto; Andrew Miller, tenor;
Jack O'Leary, bass, and Henry Griffin, director.

Welcome

Rev. Joanne Gilbert-Cannon

Call to Worship

Rev. Ivan Marable

One: Grace to you, and peace, from God our Creator, and the Lord Jesus Christ.

All: Warmed by the love and grace of God, we present ourselves for worship.

One: Called to gather for prayer and praise, we lift our voices to God.

All: We bring our gifts, our hearts and our voices. Let us worship God.

Hymn 71

Praise to the Lord, the Almighty

Stralsund Gesangbuch
Joachim Neander

Epistle Reading

Philippians 4:6-13

Rev. Ivan Marable

Morning Prayer

Rev. Joanne
Gilbert-Cannon

Sharing our Joys and Concerns

Pastoral Prayer

Lord's Prayer

Special Music

Teach Me Lord

Loonis McGlohon

Konstantina Gotouhidis, soprano; Emma Unkrich, alto; Andrew Miller, tenor;
Jack O'Leary, bass, Samuel Baker, organist; and Henry Griffin, director.

Children's Time

Evann Hasenauer

*Hymn 345

Jesus Calls Us O'er the Tumult

William H. Jude
Cecil F. Alexander

Hebrew Scriptures

Exodus 6:1-12, 28-30

Rev. Joanne
Gilbert Cannon

Prayer for Illumination

Sermon

The Problem of Superheroes

Rev. Joanne
Gilbert Cannon

Giving our Gifts to God

In response for the gift of God's abundance, we return to God gifts of what we have and gifts of who we are. To contribute financially to the work of FBCR you may leave an offering in the plate as it is passed, send an offering by mail, or give at rochesterfbc.org/contribute.

Music in Response

Praise to the Lord, the Almighty
Samuel Baker, organist

Hans Friedrich
Micheelsen

Doxology 668

We Give Thee But Thine Own

W. How; Mason &
Webb's *Cantica Laudis*

We give thee but thine own, whate'er the gift may be.
All that we have is thine alone, a trust, O Lord, from thee.

Prayer of Dedication

Invitation to Mission and Ministry

Worshippers with information on the life of the church are invited to offer announcements.
From Zoom simply unmute and speak up.
From campus, come to one of the congregation microphones.

**congregation sings*

***Closing Hymn 350**

The Summons

Scottish Melody
arr. John L. Bell

Benediction

Postlude

Praise to the Lord, the Almighty
Samuel Baker, organist

Paul Manz

Thank you to those participating in today's service including: Rev. Ivan Marable, reader; Bob McDonald usher; Susen and Scott McClellan, and Janet Richardson, tech team; and our musicians: Konstantina Gotouhidis, soprano; Emma Unkrich, alto; Andrew Miller, tenor; Jack O'Leary, bass; Samuel Baker, organist; and Henry Griffin, music director.

We acknowledge with respect the Seneca Nation of the Haudenosaunee Confederacy, whose ancestral lands the Town of Brighton, City of Rochester, and surrounding towns now occupy. We encourage every member of our community to learn about the original inhabitants of this land.

Indigenous Peoples' Day
Monday, October 9, 2023

**congregation sings*

INVITATION TO MISSION & MINISTRY



At First Baptist Church we welcome and affirm all people regardless of race, class, gender, physical challenge, place of origin, or sexual orientation in worship, in community, in membership, and in all aspects of congregational life. If you wish to be a part of the FBCR community, we have good news – we already consider you a part. Please sign our guest book or trade contact information with any member so we might get to know you better and help you connect more fully. If you wish to consider entering into a covenant relationship (membership) with FBCR,

ask any member to tell you about their experience. Welcome.

We're delighted you've joined us in worship today. If this is the first time or one of the first times you've worshiped with us, would you consider letting us know? We would love to get to know you better. If you are willing to trust us with your contact information so we may connect you soon, please sign the book in the narthex, complete the card found in the small pocket in your pew—placing it in the offering plate, or go to rochesterfbc.org/guest.

In Celebration of Indigenous Peoples' Day, we will be having a second hour Forum on November 12th, showing a video created by Helen Frank titled: ***Land Acknowledgments*** with a discussion following. Please grab your coffee and treats and come back to the sanctuary for this important information sharing.

We will still accept your gifts to the World Mission Offering (WMO). Please place cash or make your check out to First Baptist Church with WMO in the memo line place it in the envelope found in the pews for this 100% pass-through donation.

Wednesday Book Study continues as we discuss *Speaking of Faith: Why Religion Matters--and How to Talk About It* by Krista Tippett, commentator from NPR. Drawing on her own life story and her intimate conversations with others, she explores complex subjects like science, love, virtue, and violence within the context of spirituality and everyday life. This week we will look at Chapter 3.

OWLS (Older Wiser Learning Seniors): On Thursday, October 12, we will begin with chair exercise at 11:30 AM; lunch at 12:15 PM; and at 12:30 PM a program. This week our topic is *Fact or Fiction, Christopher Columbus Trivia and Games*. A \$10 donation is appreciated. Please RSVP to Kande Tabor at (585) 520-6948 or email her at kandeetabor@gmail.com.

INVITATION TO MISSION & MINISTRY

First Rochester Music Program! As we are getting well into our 2023-24 year, I would love to invite one and all to our many upcoming events. All are invited to sing in our Volunteer Choir which rehearses from 9:15-9:45 AM every Sunday! Our next choral Sunday will be October 15. Volunteers are also welcome to sing our closing gospel anthem, Total Praise, at the Installation on October 20. All are welcome—reach out to me with your interest. Hope to see you soon -Henry

Join us on Friday Evening, October 20th, at 7:00 PM for *Installation in a New Key: A Musical Welcome* as First Baptist Rochester introduces Pastor Joanne and Henry to the Greater Rochester Community. This event will feature voice, prose, dance and instruments from an array of vibrant and talented local musicians. Our goal is to keep the event to about 1 hour. We can guarantee it will not be like any other installation you have attended. We hope for energy, joy, laughter, and a variety of music to delight us all. Please plan to attend and invite your friends!

The November sign up sheet is now on the Vitality Table. We still need people willing to usher through the end of the month. Please let the office or Bob McDonald or Bob Oaks know of your interest or availability. Also, so that a variety of people may lend their voice in worship, please limit your scripture reading to every other month. We thank you.

Children's Books needed. The Sunday School room has recently been cleaned, moved, re-organized, and updated. Many of the books in the room were quite old and outdated in look and language. We would love to have books for our reading nook: contemporary or classics; new or lightly used! Thank you for considering this donation for our children.

Wednesday Study—Poetry with Rev. Dr. Lauren Ng. Rescheduled from last spring. Join us on October 25, November 2, and November 9 as Lauren leads a small group of people in a study on Poetry. Each week will feature the theme of “Looking” with *Looking At*, *Looking In*, and *Looking Out*. The class size is limited to 16 people, so if you are interested in participating in one or more of these studies, please reserve your spot as soon as possible to janet@rochesterfbc.org.

Save the Date for Trunk or Treat on Sunday, October 29th. Our children will dress in their favorite costumes and we will gather in the parking lot following worship to provide to the community a safe and fun *treat* experience from the *trunks* of our vehicles.

For the latest news and events, please go to our website to the *Connections* page at www.rochesterfbc.org/news-and-events.