



We have a
'HOOT'
of a time!

Fellowship, Sharing, Education, & Exercise

June 2024

OWLS sessions include 11:30 A.M. SILVER STRETCH led by Kathy Mulvehill,
12:15 P.M. Lunch, 12:30 P.M. Program, 1:30 P.M. Departure.

06/06 **Aches & Pains of Aging**
How much is normal? How much do we tolerate? With Dan Nowak



06/13 **Gwenn Voelckers**
Renowned author, traveler, speaker; Down-to-earth friend and neighbor



06/20 **Trip Report: WILD WINGS EXPEDITION**



06/27 **SHARE A MEMORY**
Last Day of School or Summer Vacation

Donations appreciated to offset expenses for food, exercise, program, and transportation.
RSVP appreciated but not required.

Transportation Available Upon Request – Call Kande Tabor at 585-520-6948.

First Baptist Church 175 Allens Creek Road Rochester, NY 14618

<http://kandeetabor.wixsite.com/owls>